How Fatherhood Programs Engage Fathers to Promote Healthy Relationships

Mindy Scott, April Wilson, Sam Ciaravino, and Andrea Vazzano
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Contact Us!
Mindy Scott (mscott@childtrends.org)

OPRE:
Nicole Constance (Nicole.Constance@acf.hhs.gov)
Kathleen McCoy (Kathleen.McCoy@acf.hhs.gov)

Other team members from Child Trends: Huda Tauseef, Lisa Kim, Vic St. John, Mike Bradley, Anushree Bhatia, Jenita Parekh, and Heather Wasik
Study objectives, sample, and methods

• Objectives
  o Document current services offered by fatherhood programs in the areas of healthy romantic relationships and coparenting
  o Understand participant and program staff perspectives

• Sample
  o 9 fatherhood programs with variation in terms of region, urban/rural, healthy relationship services, father and coparent characteristics

• Methods
  o Document reviews, program screenings, semi-structured interviews, demographic questionnaires
Study contributions

Data collection considerations

• Difficult to distinguish between curricula and overall program
• Coparents and non-participating fathers challenging to recruit
• A father-centered approach to data collection is important

Engaging fathers

• Examine how systems and policies affect fathers’ relationships
• Implications for engagement in fatherhood programs, program content, and services