Nebraska

The Centers for Disease Control and Prevention, in partnership with ASCD, developed the Whole School, Whole Community, Whole Child (WSCC) framework to highlight the need for schools to address all aspects of children’s physical, mental, and social well-being to help them learn and thrive. As part of the Together for Healthy and Successful Schools Initiative funded by the Robert Wood Johnson Foundation, Child Trends, the Institute for Health Research and Policy at the University of Illinois at Chicago (UIC), and EMT Associates, Inc., analyzed state statutes and regulations for key topic areas across the WSCC’s 10 components. To understand whether and how local education agencies (LEAs) implement and/or extend state policy around the WSCC, UIC analyzed district board policies, regulations, codes of conduct, and student handbooks from a representative, random sample of districts in 19 states and the District of Columbia.

This profile highlights the extent to which 22 public school districts in Nebraska have policies that cover topic areas across the WSCC. The public school district data are weighted to be representative of public school districts in the state. Please note, because of the small number of charter LEAs sampled, they are not included in this profile.

The national summary report, profiles for each of the 19 states, and a detailed explanation of our methodology can be found on the [Child Trends website](#).

### Coverage of the WSCC in Nebraska School District Policies

<table>
<thead>
<tr>
<th>Topic Area</th>
<th>% of Elements Addressed within NE State Law</th>
<th>Average % of Elements Addressed within NE District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Education</td>
<td>50%</td>
<td>34%</td>
</tr>
<tr>
<td>Physical Education and Physical Activity</td>
<td>29%</td>
<td>62%</td>
</tr>
<tr>
<td>Nutrition Environment and Services</td>
<td>0%</td>
<td>56%</td>
</tr>
<tr>
<td>Health Services</td>
<td>80%</td>
<td>62%</td>
</tr>
<tr>
<td>Counseling, Psychological, and Social Services</td>
<td>63%</td>
<td>35%</td>
</tr>
<tr>
<td>Social and Emotional Climate</td>
<td>36%</td>
<td>34%</td>
</tr>
<tr>
<td>Physical Environment</td>
<td>50%</td>
<td>58%</td>
</tr>
<tr>
<td>Employee Wellness</td>
<td>0%</td>
<td>10%</td>
</tr>
<tr>
<td>Family Engagement</td>
<td>25%</td>
<td>40%</td>
</tr>
<tr>
<td>Community Involvement</td>
<td>33%</td>
<td>67%</td>
</tr>
</tbody>
</table>

Overall LEA Coverage: Limited
Average approach to selected topic areas by domain for Nebraska's public school districts

- □ Indicates majority of public school districts in Nebraska cover topic similarly to state law
- ◊ Indicates majority of public school districts in Nebraska cover topic differently than state law
- Θ Indicates categories in which most public school districts cover topics without a clear majority
- ○ Indicates how majority of public school districts in Nebraska cover topic, district policy only

### WSCC Reference

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Coverage of WSCC</strong></td>
<td>Not addressed</td>
</tr>
<tr>
<td>District-Level Wellness Councils</td>
<td>Not addressed</td>
</tr>
<tr>
<td>School-Level Wellness Councils</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Wellness Leadership</td>
<td>Not addressed</td>
</tr>
<tr>
<td>District Wellness Policy</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Equity Policy</td>
<td>Not analyzed at state level</td>
</tr>
</tbody>
</table>
### Health Education

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Health Education Standards</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Health Education Professional Development</td>
<td>Not addressed</td>
</tr>
<tr>
<td>HE Curriculum ES</td>
<td>Required</td>
</tr>
<tr>
<td>HE Curriculum MS</td>
<td>Required</td>
</tr>
<tr>
<td>HE Curriculum HS</td>
<td>Required</td>
</tr>
<tr>
<td>Healthy Eating/Nutrition Curriculum</td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

### Physical Education and Physical Activity

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>National PE Standards (SHAPE America)</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Time for PE ES</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Time for PE MS</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Time for PE HS</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

### Nebraska

- **District Policies**
  - Not addressed (58%)
  - Addresses inclusivity of PE activity (42%)
  - Recommended or less than national standards (0%)
  - Required; Meets national standards (0%)

- **State Law**
  - Required in all grade levels (0%)
  - Allowed (0%)
  - Not addressed (100%)
  - Required in some grade levels (0%)
  - Allowed (27%)
  - Not addressed (100%)
  - Required in some grade levels (0%)
  - Allowed (0%)
  - Not addressed (100%)
  - Required in some grade levels (0%)
  - Allowed (42%)
### Physical Education and Physical Activity (cont.)

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE Substitutions</td>
<td>Not addressed</td>
</tr>
<tr>
<td>PE Professional Development</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Physical Activity Throughout Day</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

### Nutrition Environment and Services

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strategies to Increase Breakfast</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Access to Potable Water Throughout Day</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Competitive Food (Outside of School Meals)</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unhealthy Marketing Restrictions</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Class Parties ES</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Unpaid Meal Charge Policy</td>
<td>Not addressed</td>
</tr>
<tr>
<td>State Law</td>
<td>District Policies</td>
</tr>
<tr>
<td>---------------------------</td>
<td>-----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Health Services</strong></td>
<td><strong>School-based Health Services</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed, but no formal program</td>
</tr>
<tr>
<td></td>
<td>Not addressed (89%) ◊</td>
</tr>
<tr>
<td></td>
<td>Addressed, but no formal program</td>
</tr>
<tr>
<td></td>
<td>Not addressed (11%)</td>
</tr>
<tr>
<td></td>
<td>Addresses on-campus health centers or clinics (0%)</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Vision Screenings ES</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (7%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (93%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Vision Screenings MS</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (28%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (72%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Vision Screenings HS</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (26%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (74%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Hearing Screenings ES</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (28%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (72%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Hearing Screenings MS</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (28%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (72%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Hearing Screenings HS</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (26%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (74%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Dental Screenings ES</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (28%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (72%) □</td>
</tr>
<tr>
<td></td>
<td><strong>Preventive Dental Screenings MS</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (28%)</td>
</tr>
<tr>
<td></td>
<td>Addressed (72%) □</td>
</tr>
<tr>
<td></td>
<td><strong>School Nurse Availability</strong></td>
</tr>
<tr>
<td></td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (56%) □</td>
</tr>
<tr>
<td></td>
<td>Addressed, but nurse availability limited (44%)</td>
</tr>
<tr>
<td></td>
<td>Requires full time nurse in every school (0%)</td>
</tr>
<tr>
<td></td>
<td><strong>School Nurse Professional Development</strong></td>
</tr>
<tr>
<td></td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (100%) □</td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td><strong>School Nurse Referrals to Community Health Providers</strong></td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Not addressed (39%)</td>
</tr>
<tr>
<td></td>
<td>Addressed</td>
</tr>
<tr>
<td></td>
<td>Addressed (61%) □</td>
</tr>
</tbody>
</table>
### Counseling, Psychological, and Social Services

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Counseling K-8</td>
<td>Required</td>
</tr>
<tr>
<td>School Counseling 9-12</td>
<td>Required</td>
</tr>
<tr>
<td>School-based or School-linked Mental Health Services</td>
<td>Encouraged</td>
</tr>
<tr>
<td>Professional Development for Mental Health</td>
<td>Encouraged</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Identification and Referral</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Professional Development for Trauma</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Professional Development for Suicide Prevention</td>
<td>Required</td>
</tr>
<tr>
<td>Suicide Prevention Policy</td>
<td>Not addressed</td>
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</table>

### Social and Emotional Climate

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multi-tiered, Positive Behavior Supports</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Social-Emotional Learning or Character Development</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Professional Development for Cultural Competency</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Chronic Absenteeism Early Warning Systems</td>
<td>Encourages or requires comprehensive student supports</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limits on Exclusionary Discipline</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Alternatives to Exclusionary Discipline</td>
<td>Encouraged</td>
</tr>
<tr>
<td>Bullying Protections for Vulnerable Populations</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Bullying, Harassment, and Intimidation Policy</td>
<td>Includes some components of U.S. Department of Education recommendations</td>
</tr>
</tbody>
</table>
### Social and Emotional Climate (cont.)

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Development for Bullying Prevention</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Hazing Policy</td>
<td>Encouraged</td>
</tr>
<tr>
<td>Dating Violence Policy</td>
<td>Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Resource Officer Training</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Limits on Referrals to Law Enforcement</td>
<td>Requires referral for any offense in violation of criminal code (66%) □</td>
</tr>
<tr>
<td>Equitable Discipline Practices</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

### Physical Environment

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corporal Punishment</td>
<td>Prohibited</td>
</tr>
<tr>
<td>Restraint and Seclusion</td>
<td>Limits use with some protections</td>
</tr>
<tr>
<td>Emergency Operations Plans</td>
<td>Required, with regular reviews and updates</td>
</tr>
<tr>
<td>Multi-hazard Practice Drills</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Firearms on School Campus</td>
<td>Meets GFSA with protections</td>
</tr>
<tr>
<td>Internet Safety</td>
<td>Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tobacco-free Environments</td>
<td>Not addressed or prohibits student use</td>
</tr>
<tr>
<td>Alcohol and Drug Use Intervention Programs</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Authorizes MOUs with Law Enforcement</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Chemical Hazard Protections</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Water Quality Protections</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Air Quality Protections</td>
<td>Encouraged</td>
</tr>
</tbody>
</table>

| District Policies | Nebraska | 7 |
### Employee Wellness

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staff Wellness Programs</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Staff Stress Management Program</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Staff Health Assessments</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

### Family Engagement

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Engagement Plans</td>
<td>Required</td>
</tr>
<tr>
<td>Family Engagement in Local Governance</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional Development on Family Engagement</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Family Engagement in Policy making on School Discipline</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>

### Community Involvement

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Involvement in Local Governance</td>
<td>Not addressed</td>
</tr>
<tr>
<td>School-Community and Interagency Partnerships</td>
<td>Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Law</th>
<th>District Policies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Use of Public School Facilities</td>
<td>Not addressed</td>
</tr>
</tbody>
</table>