Ohio

The Centers for Disease Control and Prevention, in partnership with ASCD, developed the Whole School, Whole Community, Whole Child (WSCC) framework to highlight the need for schools to address all aspects of children’s physical, mental, and social well-being to help them learn and thrive. As part of the Together for Healthy and Successful Schools Initiative funded by the Robert Wood Johnson Foundation, Child Trends, the Institute for Health Research and Policy at the University of Illinois at Chicago, and EMT Associates, Inc. identified key topic areas in each of the WSCC’s 10 components, and assessed whether and how states are addressing these issues in state statutes and regulations enacted as of September 4, 2017. This profile highlights both the extent to which Ohio's statutes and regulations cover the WSCC components and the way in which the state approaches each of the selected topic areas.

The full set of topic areas, as well as applicable statutory and regulatory language, is available through the National Association of State Boards of Education's (NASBE) State Policy Database on School Health. The national summary report and profiles for each state can be found on the Child Trends website.

Coverage of the WSCC in Ohio Statutes and Regulations

<table>
<thead>
<tr>
<th>Component</th>
<th>OH</th>
<th>Nation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Education</td>
<td>44%</td>
<td>68%</td>
</tr>
<tr>
<td>Physical Education and Physical Activity</td>
<td>42%</td>
<td>44%</td>
</tr>
<tr>
<td>Nutrition Environment and Services</td>
<td>7%</td>
<td>25%</td>
</tr>
<tr>
<td>Health Services</td>
<td>94%</td>
<td>76%</td>
</tr>
<tr>
<td>Counseling, Psychological, and Social Services</td>
<td>30%</td>
<td>69%</td>
</tr>
<tr>
<td>Social and Emotional Climate</td>
<td>65%</td>
<td>65%</td>
</tr>
<tr>
<td>Physical Environment</td>
<td>67%</td>
<td>74%</td>
</tr>
<tr>
<td>Employee Wellness</td>
<td>0%</td>
<td>7%</td>
</tr>
<tr>
<td>Family Engagement</td>
<td>33%</td>
<td>52%</td>
</tr>
<tr>
<td>Community Involvement</td>
<td>60%</td>
<td>67%</td>
</tr>
</tbody>
</table>

Key:
- Low
- Moderate
- Comprehensive

Overall Coverage: Limited
Ohio’s approach to selected topic areas by domain

Shading indicates how Ohio’s laws cover topic

<table>
<thead>
<tr>
<th>Coverage of WSCC</th>
<th>WSCC Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not addressed</td>
<td>Addresses Coordinated School Health</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State-Level Wellness Councils</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>School-Level Wellness Councils</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>District Wellness Policies</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Recommended</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
</tbody>
</table>

**Health Education**

<table>
<thead>
<tr>
<th>National HE Standards</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Referenced</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HE Professional Development</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Addressed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Healthy Eating/Nutrition Curriculum</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mental and Emotional Health Curriculum</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Personal Health and Wellness Curriculum</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Violence Prevention (within Health Education)</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bullying Prevention (within Health Education)</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Suicide Prevention (within Health Education)</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Social and Emotional Learning (within Health Education)</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required in some grade levels</td>
</tr>
<tr>
<td></td>
<td>Required in all grade levels</td>
</tr>
</tbody>
</table>

**Physical Education and Physical Activity**

<table>
<thead>
<tr>
<th>National PE Standards (SHAPE America)</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Referenced</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PE Exemptions for Academics</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Allowed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PE Exemptions for Illness</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Allowed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PE Exemptions for Disabilities</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Allowed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Adaptive PE Requirements</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addresses inclusivity of PE activity</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PE Substitutions</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allows substitution of other activities for PE requirements</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>District Waivers from PE Requirements</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allows districts to seek waivers from PE requirements</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PE Professional Development</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addressed</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Physical Activity Throughout Day</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Encouraged</td>
<td>Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Recess</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addressed or requires less than daily</td>
<td>Requires daily recess</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sport Participation Fees</th>
<th>Requires sport participation fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not addressed</td>
<td>Sports participation fees prohibited or waivers provided</td>
</tr>
</tbody>
</table>

**Nutrition Environment and Services**

<table>
<thead>
<tr>
<th>Strategies to Increase Breakfast</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recommended or restricted to certain schools or students</td>
<td>Required to ensure all students eat breakfast</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Access to Potable Water Throughout Day</th>
<th>Not addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recommended</td>
<td>Required</td>
</tr>
<tr>
<td>Nutrition Environment and Services (continued)</td>
<td>Counseling, Psychological, and Social Services</td>
</tr>
<tr>
<td>-----------------------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
<tr>
<td><strong>Competitive Food (Outside of School Meals)</strong></td>
<td>School Counseling – Elementary</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td><strong>Unhealthy Marketing Restrictions</strong></td>
<td>School Counseling – Secondary</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td><strong>Unpaid Meal Charge Policy</strong></td>
<td>School-based or School-Linked Mental Health Services</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td><strong>Health Services</strong></td>
<td>Early Identification and Referral</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Screening authorized</td>
</tr>
<tr>
<td></td>
<td>Encouraged or required</td>
</tr>
<tr>
<td>School-based Health Services</td>
<td>Professional Development for Mental Health</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Preventive Health Screenings - Elementary</td>
<td>Professional Development for Trauma</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Preventive Health Screenings - Middle</td>
<td>Professional Development for Suicide Prevention</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Preventive Health Screenings - High</td>
<td>Suicide Prevention Policy</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Preventive Dental Screenings - Elementary</td>
<td>Multi-tiered, Positive Behavior Supports</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Preventive Dental Screenings - Middle</td>
<td>Social-Emotional Learning or Character Development</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Preventive Dental Screenings - High</td>
<td>Professional Development for Cultural Competency</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Asthma Plans</td>
<td>Chronic Absenteeism Early Warning Systems</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encourages or requires early warning, parent conferencing, and parental sanctions</td>
</tr>
<tr>
<td>Allergy Plans</td>
<td>Alternatives to Exclusionary Discipline</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Requires limits on use of suspension and expulsion</td>
</tr>
<tr>
<td>Vaccination Waivers</td>
<td><strong>Social and Emotional Climate</strong></td>
</tr>
<tr>
<td>Not addressed</td>
<td>Encourages or requires comprehensive student supports</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>School Nurse Availability</td>
<td>Not addressed</td>
</tr>
<tr>
<td>Not addressed</td>
<td>Not addressed</td>
</tr>
<tr>
<td></td>
<td>Encouraged</td>
</tr>
<tr>
<td></td>
<td>Required</td>
</tr>
<tr>
<td>Referrals to Community Health Providers</td>
<td></td>
</tr>
</tbody>
</table>
### Social and Emotional Climate (continued)

<table>
<thead>
<tr>
<th>Policy</th>
<th>Not addressed</th>
<th>Encouraged</th>
<th>Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bullying, Harassment, and Intimidation Policy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professional Development for Bullying Prevention</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hazing Policy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dating Violence Policy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Resource Officer Training</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Limits on Referrals to Law Enforcement</td>
<td>Requires referral for any offense in violation of criminal code</td>
<td>Not addressed</td>
<td>Requires districts to establish formal procedures for referrals to law enforcement</td>
</tr>
<tr>
<td>Equitable Discipline Practices</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Physical Environment (continued)

<table>
<thead>
<tr>
<th>Environmental Protection</th>
<th>Not addressed</th>
<th>Encouraged</th>
<th>Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol and Drug Use Intervention Programs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chemical Hazards Protections</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water Quality Protections</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Air Quality Protections</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Employee Wellness

<table>
<thead>
<tr>
<th>Wellness Program</th>
<th>Not addressed</th>
<th>Encouraged</th>
<th>Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staff Wellness Programs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staff Stress Management Program</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staff Health Assessments</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Family Engagement

<table>
<thead>
<tr>
<th>Engagement Plan</th>
<th>Not addressed</th>
<th>Encouraged</th>
<th>Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Engagement Plans</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Engagement in Local Governance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professional Development on Family Engagement</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Engagement in Policy making on School Discipline</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Community Involvement

<table>
<thead>
<tr>
<th>Involvement in Local Governance</th>
<th>Not addressed</th>
<th>Encouraged</th>
<th>Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>School-Community and Interagency Partnerships</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Use of Public School Facilities</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Physical Environment

<table>
<thead>
<tr>
<th>Environment Protection</th>
<th>Permitted</th>
<th>Neither permits or prohibits use</th>
<th>Prohibited</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corporal Punishment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restraint and Seclusion</td>
<td></td>
<td>Limits use with some protections</td>
<td></td>
</tr>
<tr>
<td>Emergency Operations Plans</td>
<td></td>
<td>Required, but no plans for reviews or updates</td>
<td>Required, with regular reviews and updates</td>
</tr>
<tr>
<td>Multi-hazard Practice Drills</td>
<td></td>
<td>Required without interagency coordination</td>
<td>Required, with required or encouraged interagency coordination</td>
</tr>
<tr>
<td>Tobacco-free Environments</td>
<td></td>
<td>Prohibits any use, may include limited policies</td>
<td>Requires comprehensive policies</td>
</tr>
</tbody>
</table>

### Equitable Discipline Practices

<table>
<thead>
<tr>
<th>Practice</th>
<th>Monitoring required</th>
<th>Monitoring and remediation required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equitable Discipline Practices</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Physical Environment

<table>
<thead>
<tr>
<th>Environment Protection</th>
<th>Requires referral for any offense in violation of criminal code</th>
<th>Not addressed</th>
<th>Requires districts to establish formal procedures for referrals to law enforcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limits on Referrals to Law Enforcement</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Employee Wellness

<table>
<thead>
<tr>
<th>Wellness Program</th>
<th>Requires referral for any offense in violation of criminal code</th>
<th>Not addressed</th>
<th>Requires districts to establish formal procedures for referrals to law enforcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staff Wellness Programs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staff Stress Management Program</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staff Health Assessments</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Family Engagement

<table>
<thead>
<tr>
<th>Engagement Plan</th>
<th>Requires referral for any offense in violation of criminal code</th>
<th>Not addressed</th>
<th>Requires districts to establish formal procedures for referrals to law enforcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Engagement Plans</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Engagement in Local Governance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professional Development on Family Engagement</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Engagement in Policy making on School Discipline</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Community Involvement

<table>
<thead>
<tr>
<th>Involvement in Local Governance</th>
<th>Requires referral for any offense in violation of criminal code</th>
<th>Not addressed</th>
<th>Requires districts to establish formal procedures for referrals to law enforcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>School-Community and Interagency Partnerships</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Use of Public School Facilities</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

State Statutes and Regulations for Healthy Schools, 2017-2018