



Alaska

The Centers for Disease Control and Prevention, in partnership with ASCD, developed the Whole School, Whole Community, Whole Child (WSCC) framework to highlight the need for schools to address all aspects of children’s physical, mental, and social well-being to help them learn and thrive. As part of the Together for Healthy and Successful Schools Initiative funded by the Robert Wood Johnson Foundation, Child Trends, the Institute for Health Research and Policy at the University of Illinois at Chicago, and EMT Associates, Inc. identified key topic areas in each of the WSCC’s 10 components, and assessed whether and how states are addressing these issues in state statutes and regulations enacted as of September 4, 2017. This profile highlights both the extent to which Alaska’s statutes and regulations cover the WSCC components and the way in which the state approaches each of the selected topic areas.

The full set of topic areas, as well as applicable statutory and regulatory language, is available through the National Association of State Boards of Education's (NASBE) [State Policy Database on School Health](#). The national summary report and profiles for each state can be found on the [Child Trends website](#).

Coverage of the WSCC in Alaska Statutes and Regulations

	AK	Nation
Health Education	61%	68%
Physical Education and Physical Activity	50%	44%
Nutrition Environment and Services	0%	25%
Health Services	69%	76%
Counseling, Psychological, and Social Services	70%	69%
Social and Emotional Climate	40%	65%
Physical Environment	67%	74%
Employee Wellness	0%	7%
Family Engagement	44%	52%
Community Involvement	60%	67%

Key:
 Low
 Moderate
 Comprehensive



Overall Coverage:

Broad

Alaska's approach to selected topic areas by domain

Shading indicates how Alaska's laws cover topic

WSSC Reference

Coverage of WSSC	Not addressed	Addresses Coordinated School Health	Addresses the WSSC
State-Level Wellness Councils	Not addressed	Encouraged	Required
School-Level Wellness Councils	Not addressed	Encouraged	Required
District Wellness Policies	Not addressed	Recommended	Required

Physical Education and Physical Activity

National PE Standards (SHAPE America)	Not addressed	Referenced	
PE Exemptions for Academics	Not addressed	Allowed	
PE Exemptions for Illness	Not addressed	Allowed	
PE Exemptions for Disabilities	Not addressed	Allowed	
Adaptive PE Requirements	Not addressed	Addresses inclusivity of PE activity	
PE Substitutions	Not addressed	Allows substitution of other activities for PE requirements	
District Waivers from PE Requirements	Not addressed	Allows districts to seek waivers from PE requirements	
PE Professional Development	Not addressed	Addressed	
Physical Activity Throughout Day	Not addressed	Encouraged	Required
Recess	Not addressed	Addressed or requires less than daily	Requires daily recess
Sport Participation Fees	Requires sport participation fees	Not addressed	Sports participation fees prohibited or waivers provided

Health Education

National HE Standards	Not addressed	Referenced	
HE Professional Development	Not addressed	Addressed	
Healthy Eating/Nutrition Curriculum	Not addressed	Required in some grade levels	Required in all grade levels
Mental and Emotional Health Curriculum	Not addressed	Required in some grade levels	Required in all grade levels
Personal Health and Wellness Curriculum	Not addressed	Required in some grade levels	Required in all grade levels
Violence Prevention (within Health Education)	Not addressed	Required in some grade levels	Required in all grade levels
Bullying Prevention (within Health Education)	Not addressed	Required in some grade levels	Required in all grade levels
Suicide Prevention (within Health Education)	Not addressed	Required in some grade levels	Required in all grade levels
Social and Emotional Learning (within Health Education)	Not addressed	Required in some grade levels	Required in all grade levels

Nutrition Environment and Services

Strategies to Increase Breakfast	Not addressed	Recommended or restricted to certain schools or students	Required to ensure all students eat breakfast
Access to Potable Water Throughout Day	Not addressed	Recommended	Required

Nutrition Environment and Services (continued)

Competitive Food (Outside of School Meals)	Not addressed	<i>Addressed, does not meet federal requirements in all grades</i>	<i>Meets federal Smart Snacks standards in all grades</i>
Unhealthy Marketing Restrictions	Not addressed	<i>Recommends restricting to foods that meet Smart Snack standards</i>	<i>Restricted to foods that meet Smart Snack standards</i>
Unpaid Meal Charge Policy	<i>Restricts access to meals</i>	Not addressed	<i>Supports access to meals</i>

Health Services

School-based Health Services	<i>Not addressed</i>	Addressed, but no formal program	<i>Addresses on-campus health centers or clinics</i>
Preventive Health Screenings - Elementary	<i>Not addressed</i>	<i>Encouraged</i>	Required
Preventive Health Screenings - Middle	<i>Not addressed</i>	Encouraged	<i>Required</i>
Preventive Health Screenings - High	<i>Not addressed</i>	Encouraged	<i>Required</i>
Preventive Dental Screenings - Elementary	<i>Not addressed</i>	Addressed	
Preventive Dental Screenings - Middle	<i>Not addressed</i>	Addressed	
Preventive Dental Screenings - High	<i>Not addressed</i>	Addressed	
Asthma Plans	<i>Not addressed</i>	Addressed	
Diabetes Plans	Not addressed	<i>Addressed</i>	
Allergy Plans	<i>Not addressed</i>	Addressed	
Vaccination Waivers	<i>Not addressed</i>	Allowed for religious or moral reasons	
School Nurse Availability	Not addressed	<i>Addressed, but nurse availability limited</i>	<i>Requires full time nurse in every school</i>
Referrals to Community Health Providers	<i>Not addressed</i>	Addressed	

Counseling, Psychological, and Social Services

School Counseling - Elementary	<i>Not addressed</i>	Encouraged	<i>Required</i>
School Counseling - Secondary	<i>Not addressed</i>	Encouraged	<i>Required</i>
School-based or School-linked Mental Health Services	<i>Not addressed</i>	Encouraged	<i>Required</i>
Professional Development for Mental Health	Not addressed	<i>Encouraged</i>	<i>Required</i>
Early Identification and Referral	<i>Not addressed</i>	Screening authorized	<i>Encouraged or required</i>
Professional Development for Trauma	Not addressed	<i>Encouraged</i>	<i>Required</i>
Professional Development for Suicide Prevention	<i>Not addressed</i>	<i>Encouraged</i>	Required
Suicide Prevention Policy	Not addressed	<i>Encouraged</i>	<i>Required</i>

Social and Emotional Climate

Multi-tiered, Positive Behavior Supports	<i>Not addressed</i>	Encouraged	<i>Required</i>
Social-Emotional Learning or Character Development	Not addressed	<i>Encouraged</i>	<i>Required</i>
Professional Development for Cultural Competency	Not addressed	<i>Encouraged</i>	<i>Required</i>
Chronic Absenteeism Early Warning Systems	<i>Not addressed or limited to transfer to law enforcement</i>	Encourages or requires early warning, parent conferencing, and parental sanctions	<i>Encourages or requires comprehensive student supports</i>
Limits on Exclusionary Discipline	Not addressed	<i>Discourages Use</i>	<i>Requires limits on use of suspension and expulsion</i>
Alternatives to Exclusionary Discipline	Not addressed	<i>Encouraged</i>	<i>Required</i>

Social and Emotional Climate (continued)

Bullying, Harassment, and Intimidation Policy	<i>Not addressed</i>	Includes some components of U.S. Department of Education recommendations	<i>Includes all components of U.S. Department of Education recommendations</i>
Professional Development for Bullying Prevention	<i>Not addressed</i>	Encouraged	<i>Required</i>
Hazing Policy	Not addressed	<i>Encouraged</i>	<i>Required</i>
Dating Violence Policy	<i>Not addressed</i>	<i>Encouraged</i>	Required
School Resource Officer Training	Not addressed	<i>Encouraged</i>	<i>Required</i>
Limits on Referrals to Law Enforcement	Requires referral for any offense in violation of criminal code	<i>Not addressed or authorizes schools to refer to law enforcement</i>	<i>Requires districts to establish formal procedures for referrals to law enforcement</i>
Equitable Discipline Practices	Not addressed	<i>Monitoring required</i>	<i>Monitoring and remediation required</i>

Physical Environment

Corporal Punishment	<i>Permitted</i>	<i>Neither permits or prohibits use</i>	Prohibited
Restraint and Seclusion	<i>Not addressed</i>	<i>Limits use with some protections</i>	Limits use and includes comprehensive protections
Emergency Operations Plans	<i>Not addressed</i>	<i>Required, but no plans for reviews or updates</i>	Required, with regular reviews and updates
Multi-hazard Practice Drills	<i>Not addressed</i>	Required without interagency coordination	<i>Required, with required or encouraged interagency coordination</i>
Tobacco-free Environments	<i>Not addressed or prohibits student use</i>	Prohibits any use, may include limited policies	<i>Requires comprehensive policies</i>

Physical Environment (continued)

Alcohol and Drug Use Intervention Programs	<i>Not addressed</i>	Encouraged	<i>Required</i>
Chemical Hazards Protections	<i>Not addressed</i>	Encouraged	<i>Required</i>
Water Quality Protections	Not addressed	<i>Encouraged</i>	<i>Required</i>
Air Quality Protections	Not addressed	<i>Encouraged</i>	<i>Required</i>

Employee Wellness

Staff Wellness Programs	Not addressed	<i>Encouraged</i>	<i>Required</i>
Staff Stress Management Program	Not addressed	<i>Addressed</i>	
Staff Health Assessments	Not addressed	<i>Addressed</i>	

Family Engagement

Family Engagement Plans	<i>Not addressed</i>	<i>Encouraged</i>	Required
Family Engagement in Local Governance	<i>Not addressed</i>	<i>Encouraged</i>	Required
Professional Development on Family Engagement	Not addressed	<i>Encouraged</i>	<i>Required</i>
Family Engagement in Policy making on School Discipline	<i>Not addressed</i>	<i>Encouraged</i>	Required

Community Involvement

Community Involvement in Local Governance	<i>Not addressed</i>	<i>Encouraged</i>	Required
School-Community and Interagency Partnerships	<i>Not addressed</i>	Encouraged	<i>Required</i>
Community Use of Public School Facilities	<i>Not addressed</i>	Authorized	<i>Authorized and encouraged</i>