

Appendix: Coding Rubric

Overall Coverage of the WSCC

	0	1	2
Coverage of WSCC	Not addressed	Addresses Coordinated School Health	Addresses the WSCC
State-level Wellness Councils	Not addressed	Encouraged	Required
District-level Wellness Councils	Not addressed	Encouraged	Required
School-level Wellness Councils	Not addressed	Encouraged	Required
Wellness Leadership	Not addressed	Identifies individual responsible for wellness leadership	N/A
District Wellness Policies	Not addressed	Recommended	Required

Health Education

	0	1	2
Health Education Curriculum (Elementary)	Not addressed	Recommended	Required
Health Education Curriculum (Middle)	Not addressed	Recommended	Required
Health Education Curriculum (High)	Not addressed	Recommended	Required
Alcohol/Drug Use	Not addressed	Addressed	N/A
Healthy Eating/Nutrition	Not addressed	Addressed	N/A
Mental/Emotional Health	Not addressed	Addressed	N/A
Personal Health and Wellness	Not addressed	Addressed	N/A
Benefits of Physical Activity	Not addressed	Addressed	N/A
Safety and Injury Prevention	Not addressed	Addressed	N/A
Comprehensive Sexual Health	Not addressed	Addressed	N/A
Abstinence Preferred	Not addressed	Addressed	N/A
Tobacco Use	Not addressed	Addressed	N/A
Violence Prevention	Not addressed	Addressed	N/A
Bullying Prevention	Not addressed	Addressed	N/A

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Suicide Prevention	Not addressed	Addressed	N/A
Social and Emotional Learning	Not addressed	Addressed	N/A
National HE Standards	Not addressed	Addressed	N/A
Skills for Healthy Living (Health Literacy)	Not addressed	Recommends teaching skills/attitudes for health-promoting decisions and behaviors	Requires teaching skills/attitudes for health-promoting decisions and behaviors
Health Education Teacher Qualifications	Not addressed	Recommends hiring staff who are certified in health education by the state	Requires hiring staff who are certified in health education by the state
Health Education Professional Development	Not addressed	Addressed	N/A

Physical Education and Physical Activity

	0	1	2
Comprehensive School Physical Activity Program (CSPAP)	Not addressed	Referenced	N/A
Physical Education Curriculum (Elementary)	Not addressed	Encouraged or requires fewer than all grades	Required for all grades
Physical Education Curriculum (Middle)	Not addressed	Encouraged or requires fewer than all grades	Required for all grades
Physical Education Curriculum (High)	Not addressed	Encouraged or requires fewer than all grades	Required for all grades
National PE Standards (SHAPE America)	Not addressed	Referenced	N/A
Time for PE (Elementary)	Not addressed	Requires less than 150 minutes/week or recommends 150 minutes/week	Requires 150 minutes/week
Time for PE (Middle)	Not addressed	Requires less than 225 minutes/week or recommends 225 minutes/week	Requires 225 minutes/week
Time for PE (High)	Not addressed	Requires less than 225 minutes/week or recommends 225 minutes/week	Requires 225 minutes/week

	0	1	2
PE Skills for a Healthy Life	Not addressed	Encourages teaching competency of motor skills, principles related to movement and performance, value of physical activity	Requires teaching competency of motor skills, principles related to movement and performance, value of physical activity
Adaptive PE Requirements	Not addressed	Addresses inclusivity of PE activity	N/A
PE Exemptions for Academics	Not addressed	Allowed	N/A
PE Exemptions for Illness	Not addressed	Allowed	N/A
PE Exemptions for Disabilities	Not addressed	Allowed	N/A
PE Substitutions	Not addressed	Allows substitution of other activities for PE requirements	N/A
School Waivers from PE Requirements	Not addressed	Allows districts or schools to seek waivers from PE requirements	N/A
Physical Education Teacher Qualifications	Not addressed	Recommends hiring staff who are certified in physical education by the state	Requires hiring staff who are certified in physical education by the state
PE Professional Development	Not addressed	Addressed	N/A

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Physical Activity Throughout Day	Not addressed	Encourages time for physical activity throughout day (e.g., classroom breaks)	Requires time for physical activity throughout day (e.g., classroom breaks)	N/A
Recess	Not addressed	Recommended	Requires less than daily recess	Requires daily recess
Recess Before Lunch	Not addressed	Recommended	Required	N/A
Sport Participation Fees -- allowed	Not addressed	Allowed	Requires fees, but provides for waivers or a cap on amount of money to be collected	N/A
Sport Participation Fees -- prohibited	Not addressed	Prohibits fees for participation	N/A	N/A

Nutrition Environment and Services

	0	1	2	3
School Meals	Not addressed	Requires meals meet USDA nutrition standards	N/A	N/A
Strategies to Increase Breakfast	Not addressed	Recommended or restricted to certain schools or students	Required to ensure all students eat breakfast	N/A
Other Food and Beverages Sold (Competitive Food; Elementary)	Not addressed	Recommends nutrition standards	Requires nutrition standards that do not meet federal Smart Snacks requirements	Requires nutrition standards that meet federal smart snacks requirements
Other Food and Beverages Sold (Competitive Food; Middle)	Not addressed	Recommends nutrition standards	Requires nutrition standards that do not meet federal Smart Snacks requirements	Requires nutrition standards that meet federal smart snacks requirements
Other Food and Beverages Sold (Competitive Food; High)	Not addressed	Recommends nutrition standards	Requires nutrition standards that do not meet federal Smart Snacks requirements	Requires nutrition standards that meet federal smart snacks requirements
Class Parties (Elementary)	Not addressed	Addresses nutrition standards for class parties	Requires nutrition standards for class parties	N/A
Potable Water at Lunch	Not addressed	Recommended	Required	N/A
Access to Potable Water Throughout Day	Not addressed	Recommended	Required	N/A
Time to Eat Lunch	Not addressed	Recommends specific amount of time or requires "adequate" time to eat	Requires at least 20 minutes to eat lunch after sitting down	N/A
Unpaid Meal Charge Policy – Support Students	Not addressed	Prohibits denying meals	N/A	N/A
Unpaid Meal Charge Policy – Restricts Access	Not addressed	Allows overtly identifying students or denying meals	N/A	N/A
Marketing Healthy Choices	Not addressed	Recommends marketing healthy choices	Requires marketing healthy choices	N/A
Unhealthy Marketing Restrictions	Not addressed	Recommends restricting o foods that meet <i>Smart Snack</i> standards	Restricted to foods that meet <i>Smart Snack</i> standards	N/A
Food Service Qualifications	Not addressed	Addresses certification or degree requirement for food service workers	N/A	N/A

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Food Service Training	Not addressed	Addresses but does not require training or training is not aligned to USDA professional standards	Requires training that meets USDA professional standards
Technical Assistance Provided to School Districts	Not addressed	Addresses providing TA to school districts to aid implementation of nutrition standards	N/A
Corrective Actions for Non-Compliance	Not addressed	Addresses corrective action planning for non-compliance with nutrition standards	N/A

Health Services

	0	1	2
Availability of School-Based Health Services	Not addressed	Encouraged but not formalized	Addressed and support provided
Preventive Health Screenings – Elementary	Not addressed	Encouraged	Required
Preventive Health Screenings – Middle	Not addressed	Encouraged	Required
Preventive Health Screenings – High	Not addressed	Encouraged	Required
Vision Screenings	Not addressed	Addressed	N/A
Hearing Screenings	Not addressed	Addressed	N/A
Dental Screenings	Not addressed	Addressed	N/A
Body-mass index screenings	Not addressed	Addressed	N/A
Vaccinations	Not addressed	Addressed	N/A
Vaccination Waivers	Not addressed	Allowed for religious or moral reasons	N/A
Policies for Managing Chronic Health Conditions	Not addressed	Addressed	N/A
Asthma Plans	Not addressed	Addressed	N/A
Diabetes Plans	Not addressed	Addressed	N/A
Allergy Plans	Not addressed	Addressed	N/A

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Referrals to Community Health Providers	Not addressed	Addressed	N/A
Concussions/Head Injuries	Not addressed	Addresses head injuries and returning to athletic play	N/A
School Nurse availability	Not addressed	Addressed, but nurse availability limited	Requires full time nurse in every school
School Nurse Qualifications	Not addressed	Requires or recommends that all school nurses be properly certified by state	N/A
School Nurse Professional Development	Not addressed	Addressed	N/A

Counseling, Psychological, & Social Services

	0	1	2
State Models and Supports	Not addressed	Encourages states to develop or disseminate model policies and practices to support implementation	Requires states to develop or disseminate model policies and practices to support implementation
Professional Development for Trauma	Not addressed	Encouraged	Required
Professional Development for Mental Health	Not addressed	Encouraged	Required
Early Identification and Referral	Not addressed	Authorized	Encouraged or Required
Professional Development for Suicide Prevention	Not addressed	Encouraged	Required
Suicide Prevention Policy	Not addressed	Encouraged	Required
School Counseling Services – Elementary	Not addressed	Encouraged	Required
School Counseling Services – Secondary	Not addressed	Encouraged	Required

	0	1	2
School Counseling Staff Qualifications	Not addressed	Recommends minimum certification standards including advanced coursework and degree requirements	Recommends minimum certification standards, including completion of a practicum or internship
School-based or School-linked Mental Health Services	Not addressed	Encouraged	Required

Social and Emotional Climate

	0	1	2
State Models and Supports	Not addressed	Encourages states to develop or disseminate model policies and practices to promote positive social emotional climate in schools	Requires states to develop or disseminate model policies and practices to promote positive social emotional climate in schools
Multi-tiered, Positive Behavior Supports	Not addressed	Encouraged	Required
Social Emotional Learning or Character Development	Not addressed	Encouraged	Required
Professional Development for Cultural Competency	Not addressed	Encouraged	Required
Chronic Absenteeism Early Warning Systems	Not addressed or limited to transfer to law enforcement	Encourages or requires early warning, parent conferencing and parental sanctions	Encourages or requires comprehensive student supports
Bullying, Harassment and Intimidation Policy	Not addressed	Includes some components of U.S. Department of Education recommendations	Includes all components of U.S. Department of Education recommendations

	0	1	2
Professional Development for Bullying Prevention	Not addressed	Encouraged	Required
Mental Health Supports for Students Involved in Bullying Incidents	Not addressed	Encouraged	Required
Bullying Protections for Enumerated Groups	Not addressed	Prohibits bullying based on personal characteristics without enumeration or coverage restricted only to enumerated groups	Enumerates protected groups, including explicit protections for LGBTQ youth
Hazing Policy	Not addressed	Encouraged	Required
Dating Violence Policy	Not addressed	Encouraged	Required
Gang Prevention Programs	Not addressed	Encouraged	Required
Limits on Exclusionary Discipline	Not addressed	Discourages use	Requires limits on use of suspension and expulsion
Alternatives to Exclusionary Discipline	Not addressed	Encouraged	Required
Disciplinary Due Process	Not addressed	Establishes minimal assurances of due process for students facing disciplinary action	Establishes comprehensive assurances of due process for students facing disciplinary action
Alternative Education for Expelled Students	Not addressed	Encouraged	Required
School Resource Officer Training	Not addressed	Encouraged	Required
Limits on Referrals to Law Enforcement	Requires referral for any offense in violation of criminal code	Not addressed or authorizes schools to refer to law enforcement	Requires districts to establish formal procedures for referrals to law enforcement
Equitable Discipline Practices	Not addressed	Monitoring required	Monitoring and remediation required

	0	1	2
Re-engagement Plans for Suspended or Expelled Students	Not addressed	Encouraged	Required

Physical Environment

	0	1	2
Emergency Operations Plans	Not addressed	Required, but no plans for reviews or updates	Required, with regular reviews and updates
Emergency Operations Plans: Interagency Coordination	Not addressed	Encouraged	Required
Practice Drills	Not addressed	Required without interagency coordination	Required, with required or encouraged interagency coordination
Firearms/Weapons on School Campus	Does not comply with minimal requirements of the federal Gun-Free Schools Act	Complies with the federal Gun-Free Schools Act requirements	Complies with Gun-Free Schools Act requirements and adds student supports and protections
Tobacco-Free Environments	Not addressed or limited to student possession or use	Prohibits tobacco use while students are present	Requires comprehensive policies
Alcohol and Drug Use Prohibitions or Restrictions	Not addressed	Prohibits the sale, possession, or use of alcohol or controlled substances on school grounds or at school-related events	Encourages districts to refer students to treatment or offer "safe harbor" immunity from disciplinary action when students seek help for substance use disorders
Alcohol and Drug Use Intervention Programs	Not addressed	Encouraged	Required

	0	1	2
Corporal Punishment	Permitted	Neither permits nor prohibits use	Prohibited
Restraint and Seclusion	Not addressed	Limits use without further protections	Limits use and includes further protections
Student Searches	Not addressed	Authorized with minimal protections	Authorized with comprehensive student protections
Safety and Security Partnerships	Not addressed	Authorizes the placement of law enforcement or security personnel on school campuses through MOUs or partnership agreements	Establishes clear guidelines and safeguards regarding the appropriate role of officers on school campuses
Acceptable Internet Use Policies	Not addressed	Encouraged	Required
Transportation Safety – Equipment	Not addressed	Authorizes either stop-arm cameras or school bus seatbelts	Authorizes both stop-arm cameras and school bus seatbelts
Transportation Safety – Bus Driver Safety Training	Not addressed	Encouraged	Required
Building Construction and Maintenance	Not addressed	Establishes guidelines	Establishes comprehensive guidelines that include detailed provisions for addressing student health and safety
Chemical Hazards Protections	Not addressed	Encouraged	Required
Water Quality Protections	Not addressed	Encouraged	Required
Air Quality Protections	Not addressed	Encouraged	Required

Employee Wellness

	0	1	2
Staff Wellness Programs	Not addressed	Encouraged	Required
Tobacco Cessation	Not addressed	Addressed	N/A
Staff Stress Management Program	Not addressed	Addressed	N/A
Substance Abuse	Not addressed	Addressed	N/A
Staff Health Assessments	Not addressed	Addressed	N/A
Flu Shots	Not addressed	Addressed	N/A
Opportunities for Physical Activity	Not addressed	Addressed	N/A
Healthy Food Policies for School Staff	Not addressed	Addressed	N/A

Family Engagement

	0	1	2
State Models and Supports	Not addressed	Encourages state agencies to develop guidance for districts to promote parent and family engagement	Requires state agencies to develop guidance for districts to promote parent and family engagement
Family Engagement Plans	Not addressed	Encouraged	Required
Professional Development on Family Engagement	Not addressed	Encouraged	Required
Family Engagement in Local Governance	Not addressed	Encouraged	Required
Family Engagement into Policymaking on School Discipline and Behavior Management	Not addressed	Encouraged	Required

	0	1	2
Parent Supports and Education Programs	Not addressed	Encouraged	Required
Family Engagement on Chronic Absenteeism	Not addressed	Involves parents in responding to truancy and absenteeism using notification and punitive sanctions for parent	Involves parents in responding to truancy and absenteeism using non-punitive or supportive interventions
Engagement of Parents of English Language Learners	Not addressed	Encouraged	Required
Employee Protections for Parent Attendance at School Activities	Not addressed	Encouraged	Required

Community Involvement

	0	1	2
Community Involvement in Local Governance	Not addressed	Encouraged	Required
Policies or Plans to Encourage Community Involvement	Not addressed	Encouraged	Required
School-Community and Interagency Partnerships	Not addressed	Encouraged	Required
Community Use of Public School Facilities	Not addressed	Authorized	Authorized and encouraged
Community Service Education or Service Learning	Not addressed	Authorized	Required