

**Summary Table: Review of the Research Literature
and Implications for Targeted Activities to Improve Adolescent Positive Citizenship**

AREAS FOR TARGETED INTERVENTION ACTIVITIES	Experimental Research Studies			Nonexperimental Research Studies
	WHAT WORKS	WHAT DOESN'T WORK	MIXED REVIEWS	<u>"BEST BETS"</u>
Political Involvement	- Programs that use door-to-door and phone canvassing directed toward youth.			<ul style="list-style-type: none"> - Involve youth in voluntary extracurricular participation. - Engage students in discussions about public policy issues in their communities and teach them about the political process (e.g., Project Citizen). - Expose students to civics curricula in school.
Community Service	- Programs (Quantum Opportunities) that combine life skills training with mentoring and rewards for participation in programs (Increase is apparent 6 months post-program participation).		- Service-Learning programs (e.g., Learn-and-Serve America) that combine civics education with a community service component.	<ul style="list-style-type: none"> - Promote the community service participation of parents in addition to their children. - Increase the availability and accessibility of community service opportunities, particularly for low-SES youth. - Implement programs that occur at least once per week. - Provide youth the opportunity to feel appreciated for their work and have input in the formation of programs.
Environmental Activism				- Encourage youth to value the environment in its own right, apart from its usefulness to humans, through education programs aimed at informing you about the complexity of nature.