

Table 3c. Effects of Employment Programs on Socioemotional Well-being\*

YOUTH OUTCOMES	EMPLOYMENT PROGRAMS WORK	EMPLOYMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
<b>Positive relationships with others</b> (1 experimental study)	Compared to control group: <ul style="list-style-type: none"> <li>Program youth more likely to report that teachers give them personalized attention and have high expectations of them<sup>CA2</sup></li> </ul>			A number of nonexperimental evaluations indicate that integrating a vocational component into a school curriculum exposes youth to more and positive adult relationships <sup>MP1</sup> : <ul style="list-style-type: none"> <li>The number of students that found the adults in their life helpful increased</li> <li>Relationships with adults at work gave students a network that supported learning and career development</li> <li>Youth apprentices felt that they had business contacts that will help get them jobs in the future</li> </ul>
<b>Positive peer relationships</b> (1 experimental study)	Compared to control group: <ul style="list-style-type: none"> <li>Program youth more likely to believe that their peers were supportive<sup>CA2</sup></li> </ul>			
<b>Awareness of goals and steps to achieve goals</b> (1 experimental study)	Compared to control group: <ul style="list-style-type: none"> <li>program youth more likely to perceive a strong connection between what they learned in school and their longer-term education and career interests<sup>CA2</sup></li> </ul>			
<b>Arrest Rate, short-term</b> (2 experimental studies <sup>1</sup> )	Compared to control group: program youth had reduced arrests: <ul style="list-style-type: none"> <li>in the first year after program assignment<sup>JC, JS2</sup></li> <li>Impacts were greatest for men without prior arrests<sup>JS2</sup></li> </ul>			

\* Program symbols: CA Career Academies JTPA Job Training Partnership Act  
CB Career Beginnings JA Junior Achievement  
HYMP Hospital Youth Mentoring Program CA-JROTC JROTC - Career Academies  
JC Job Corps STEP Summer Training and Education  
JS JOBSTART YIEPP Youth Incentive Entitlement Pilot

YOUTH OUTCOMES	EMPLOYMENT PROGRAMS WORK	EMPLOYMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
<p><b>Arrest rate, Long-term</b> (3 experimental studies)</p>		<p>Compared to control group:</p> <ul style="list-style-type: none"> <li>• No significant impact 21 and 36 months after assignment<sup>JTPA</sup> and 30 months after assignment<sup>IC</sup></li> <li>• male youth without a prior arrest record experienced a 10.5 percentage point increase at second follow-up, which was 24-43 months after random assignment (out of school youth between the ages of 16 and 21 at assignment)<sup>JTPA</sup></li> <li>• No impact found for the outcome of "ever arrested" in years 1-4 after random assignment (since there was a significant impact for year 1, this implies that the program ceased to be effective once participation ended) (sample of school dropouts)<sup>JS2</sup></li> </ul>		