

Table 3b. Effects of Employment Programs on Health and Safety*

YOUTH OUTCOMES	EMPLOYMENT PROGRAMS WORK	EMPLOYMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
Family formation (3 experimental studies)		<p>No significant impacts:</p> <ul style="list-style-type: none"> • Living w/ a partner^{JC} • Having a child^{JC} • Living w/ a child^{JC} • Delaying pregnancy^{STEP2} • Reducing sexual activity^{STEP2} <p>(Job Corps impacts measured shortly after program, youth ages 16 and 17 at random assignment; STEP measured longer term)</p> <p>Increased childbearing among school dropouts who were custodial mothers when they entered the program^{JS2}</p>		
Contraceptive knowledge (1 experimental study)	<p>Program youth have greater knowledge of contraceptives and responsible sexual behavior practices^{STEP2}</p> <p>Program youth report greater use of contraceptives during intercourse^{STEP2}</p>			
Self-perceived Health (1 experimental study)		<p>Compared to control group:</p> <ul style="list-style-type: none"> • No significant differences in self-reported health (16-17 year olds at random assignment)^{JC} 		

* **Program symbols:**

CA	Career Academies	JTPA	Job Training Partnership Act
CB	Career Beginnings	JA	Junior Achievement
HYMP	Hospital Youth Mentoring Program	CA-JROTC	JROTC - Career Academies
JC	Job Corps	STEP	Summer Training and Education
JS	JOBSTART	YIEPP	Youth Incentive Entitlement Pilot

YOUTH OUTCOMES	EMPLOYMENT PROGRAMS WORK	EMPLOYMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
<p>Alcohol and drug use (2 experimental studies)</p>			<p>Programs work: Compared to control group:</p> <ul style="list-style-type: none"> • Program youth (school dropouts) reported significantly lower use of drugs (4.1 vs 5.8 percent)^{J52} <p>Programs don't work: No significant differences of alcohol or illegal drug use between control group and program youth^{JC}</p>	