

**Table 3c. Effects of Civic Engagement Programs on Social and Emotional Well-Being\***

YOUTH OUTCOMES	CIVIC ENGAGEMENT PROGRAMS WORK	CIVIC ENGAGEMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
<b>SOCIAL AND EMOTIONAL</b>				
VOLUNTEERING (2 experimental study; 2 quasi-experimental studies; 1 nonexperimental study)	<ul style="list-style-type: none"> <li>Participants in the mentoring program of a community service learning program were significantly more likely than youth in the control group to participate in community service<sup>AA</sup></li> <li>Participants in a community-based service learning program had higher rates of volunteerism than youth in the control group<sup>QOP</sup></li> </ul>			<ul style="list-style-type: none"> <li>Participants in a community-based planning project were four times as likely as nonparticipants to have been involved in informal voluntary groups since high school<sup>CB</sup></li> <li>Being in a program with a school-based service learning curriculum in elementary school may increase voluntary community service<sup>K12</sup></li> <li>Participants in a service learning program were 20% more likely than nonparticipants to have been involved in community service in the last 6 months (at 1-year follow-up, high school students volunteered marginally significantly more hours to community service than nonparticipants)<sup>LS</sup></li> </ul>
COMMUNITY SERVICE LEADERSHIP (2 quasi-experimental studies; 1 nonexperimental study)				<ul style="list-style-type: none"> <li>Participants in a community-based planning project were twice as likely as nonparticipants to have been officers in civic or service groups since high school<sup>CB</sup></li> <li>Involvement in a program with a school-based service learning curriculum may increase community leadership<sup>K12</sup></li> <li>Participants in a service learning program showed significantly more service leadership than nonparticipants<sup>LS</sup></li> </ul>
ATTENTION TO THE NEWS (1 quasi-experimental study)				<ul style="list-style-type: none"> <li>Involvement in a civic education and activity program may increase students' newspaper reading, TV news viewing, attention to campaign news, and election knowledge<sup>KV</sup></li> </ul>

\* Program abbreviations:

AA	Across Ages	LS	Learn and Serve America
AP	Appalachian Project	PW	Public Works Mapping Project
CB	Community-Based Planning Project	QOP	Quantum Opportunities Program
K12	K-12 Service Learning in California	TO	Teen Outreach
KV	Kids Voting USA		

YOUTH OUTCOMES	CIVIC ENGAGEMENT PROGRAMS WORK	CIVIC ENGAGEMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
CIVICS KNOWLEDGE (1 experimental study; 1 nonexperimental study)	<ul style="list-style-type: none"> <li>Participants in a mentoring and community service learning program had increased knowledge about older people, compared to youth in the control group<sup>AA</sup></li> </ul>			<ul style="list-style-type: none"> <li>Participants in a school-based civic engagement program had increased political and civics knowledge, compared to nonparticipants<sup>PW</sup></li> </ul>
POSITIVE ATTITUDES TOWARD OTHERS (2 experimental studies; 2 quasi-experimental studies; 1 nonexperimental study)	<ul style="list-style-type: none"> <li>Participants in the mentoring program of a community service learning program had increased positive attitudes toward the future, and older people<sup>AA</sup></li> <li>Participants in a community-based service learning program had higher rates of positive attitudes toward the future than youth in the control group<sup>QOP</sup></li> </ul>			<ul style="list-style-type: none"> <li>Participants in a school-based civic engagement program had improved attitudes toward working with others<sup>PW</sup></li> <li>Participants in community forums were able to facilitate discussions on issues of local civic and political importance<sup>AP</sup></li> <li>Participants in a service learning program were significantly more accepting of cultural diversity than nonparticipants<sup>LS</sup></li> </ul>
DELINQUENT BEHAVIORS (1 experimental study; 1 quasi-experimental study)	<ul style="list-style-type: none"> <li>Participants in a community-based service learning program were less likely than youth in the control group to become involved with police<sup>QOP</sup></li> </ul>			<ul style="list-style-type: none"> <li>Middle school participants in a service learning program were less likely to be arrested than nonparticipants<sup>LS</sup></li> </ul>