

Table 3b. Effects of Academic Achievement Programs on Health and Safety*

YOUTH OUTCOMES	ACADEMIC ACHIEVEMENT PROGRAMS WORK	ACADEMIC ACHIEVEMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
HEALTH AND SAFETY				
USE OF DRUGS (1 experimental study)	In comparison to control group: <ul style="list-style-type: none"> Program participants reported less use of gateway drugs, stronger drugs, and overall drug use in the past month and one year after the program ended.^{CAR} 			
KNOWLEDGE/USE OF CONTRACEPTIVES, RESPONSIBLE SEXUAL BEHAVIOR (2 experimental studies)	In comparison to control group: <ul style="list-style-type: none"> Program participants have greater knowledge of contraceptives and responsible sexual behavior practices.^{QOP, STEP} 		In comparison to control group: <ul style="list-style-type: none"> One cohort of program participants report greater use of contraceptives during intercourse, while another cohort of program participants did not differ significantly from control group youth in their use of contraceptives.^{STEP} 	
PREGNANCY RATES (1 experimental study)		In comparison to control group: <ul style="list-style-type: none"> Program participants showed no difference in teen pregnancy rate.^{STEP} 		

* Program symbols:

BGC
CAR
SD
FND
HST
LAB

Boys and Girls Clubs of America
Children at Risk
Fifth Dimension
Foundations
Howard Street Tutoring
LA's BEST

QOP
SAS
STEP
TXPR
USA
UB

Quantum Opportunities Program
Sponsor-A-Scholar
Summer Training and Education Program
Texas Parks and Recreation Department After-School Program
University Student Athlete Tutoring
Upward Bound

YOUTH OUTCOMES	ACADEMIC ACHIEVEMENT PROGRAMS WORK	ACADEMIC ACHIEVEMENT PROGRAMS DON'T WORK	MIXED REVIEWS	"BEST BETS"
<p>CHILDBEARING RATES (2 experimental studies)</p>			<p>In comparison to control group:</p> <ul style="list-style-type: none"> • Program participants showed no difference initially in their childbearing rate, but had fewer children one year after program ends.^{QOP} • Program participants showed no difference in childbearing rate.^{CAR} 	