Charts for Child Trends' Regular Bedtime and Mealtime Indicator

Figure 1

Percentage of Children Ages 4 Months to 35 Months With the Same Bedtime and the Same Mealtime Every Day, 2000

- Same bedtime every day: 73%
- Same mealtime every day: 75%
- Same bedtime and mealtime every day: 58%

Figure 2

Percentage of Children Ages 4 Months to 35 months With the Both Same Bedtime and the Same Mealtime Every Day, By Race and Hispanic Origin, 2000

<table>
<thead>
<tr>
<th>Group</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Hispanic white</td>
<td>63</td>
</tr>
<tr>
<td>Non-Hispanic black</td>
<td>47</td>
</tr>
<tr>
<td>Hispanic</td>
<td>53</td>
</tr>
</tbody>
</table>

Source: DataBank, First Impressions, 2014.
Figure 3

Percentage of Children Ages 4 Months to 35 Months With Both the Same Bedtime and the Same Mealtime Every Day, By Mother’s Education, 2000
