Charts for Child Trends' Regular Bedtime and Mealtime Indicator

Figure 1
Percentage of Children Ages 4 Months to 35 Months With the Same Bedtime and the Same Mealtime Every Day, 2000

Figure 2
Percentage of Children Ages 4 Months to 35 Months With the Both Same Bedtime and the Same Mealtime Every Day, By Race and Hispanic Origin, 2000

<table>
<thead>
<tr>
<th>Percent</th>
<th>Non-Hispanic white</th>
<th>Non-Hispanic black</th>
<th>Hispanic</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>63</td>
<td>47</td>
<td>53</td>
</tr>
</tbody>
</table>

*Parents of Hispanic origin may be of any race.
Source: Original research by Child Trends using data from the National Survey of Early Childhood Health, 2000.*
Figure 3

Percentage of Children Ages 4 Months to 35 Months With Both the Same Bedtime and the Same Mealtime Every Day, By Mother’s Education, 2000

Figure 4

Percentage of Children Ages 4 Months to 35 Months With the Both Same Bedtime and the Same Mealtime Every Day, By Family Income, 2000